

## Checklist for First Day of Summer 2023 at Lake Cunningham

Loons and other water bird species

Vultures, Hawks, Falcons, Pigeons, Songbirds, Owls,  
Hummingbirds, Woodpeckers, and Pheasants

|                                     |                           |
|-------------------------------------|---------------------------|
| American Coot                       | Anna's Hummingbird        |
| Black-crowned Night Heron           | Black Phoebe              |
| Canada Goose                        | California Scrub-Jay      |
| California Gull                     | California Towhee         |
| Killdeer (on a nest)                | Chestnut-backed Chickadee |
| Mallard (including hybrids)         | Dark-eyed Junco           |
| Muscovy Duck                        | Eurasian Collared Dove    |
| Pied-billed Grebe (with young)      | Great-tailed Grackle      |
| Red-tailed Hawk                     | House Finch               |
| Ruddy Duck (female with ducklings!) | Mourning Dove             |
|                                     | Rock Pigeon               |
|                                     | Rough-winged Swallow      |
|                                     | Song Sparrow              |
|                                     | Tree Swallow              |
|                                     | White-throated Swift      |

Ahhh, Summer! The “in-between” season where resident parent birds are well into raising their young, some are “teenagers” all ready with many of the adults being very patient even though a little worn out with parenting duties. Depending on the “Three Requirements for Successful Breeding,” food, water, and shelter, these residents could be pretty much done with breeding for this year with the young being clumsy while trying to be “all grown up”; migrants have gone to their own far-away breeding grounds; the weather is not bringing us any vagrants to puzzle and entertain us. It is an interesting season because this is the opportunity for you to become intimately familiar with resident bird family life! Take advantage of it!!!!

I encourage you to go to <https://www.allaboutbirds.org> to download the apps, Merlin and eBird, as aids to your birding skills. Get knowledgeable by viewing the tutorials offered by this website. This website is also a good resource for just learning about birds, too.

The weather will be unseasonably delightful. Take advantage of it by going to [scvas.org](https://scvas.org) and explore the resources there!

Lake Cunningham had a fire on Sunday, June 18. There will be Fire Ecology discussion on this hike.

# Lake Cunningham Plant List

Sorted by Form, then Common Name

June 25, 2023, Arvind Kumar

| Seen today? | Item | Form               | Common Name               | Scientific Name                       | Origin                | Location      | Height  |
|-------------|------|--------------------|---------------------------|---------------------------------------|-----------------------|---------------|---------|
|             | 1    | <b>Tree</b>        | Aleppo pine               | <i>Pinus halepensis</i>               | Mediterranean         | Throughout    | 60'     |
|             | 2    |                    | California buckeye        | <i>Aesculus californica</i>           | California            | Native garden | 15'-40' |
|             | 3    |                    | Coast live oak            | <i>Quercus agrifolia</i>              | California            | Native garden | 80'     |
|             | 4    |                    | Fremont cottonwood        | <i>Populus fremontii</i>              | California            | Lakeside      | 100'    |
|             | 5    |                    | London plane              | <i>Platanus x acerifolia</i>          | American-Asian hybrid | Marina        | 100'    |
|             | 6    |                    | Peruvian pepper           | <i>Schinus molle</i>                  | Peru                  | Peninsula     | 50'     |
|             | 7    |                    | Tasmanian blue gum        | <i>Eucalyptus globulus</i>            | Australia             | Marina        | 150'    |
|             | 8    |                    | Valley oak                | <i>Quercus lobata</i>                 | California            | Native garden | 150'    |
|             | 9    |                    | Western sycamore          | <i>Platanus racemosa</i>              | California            | Native garden | 110'    |
|             | 10   | <b>Large Shrub</b> | Bladderpod                | <i>Peritoma arborea</i>               | California            | Native garden | 5'      |
|             | 11   |                    | Blue elderberry           | <i>Sambucus nigra caerulea</i>        | California            | Native garden | 20'     |
|             | 12   |                    | California sagebrush      | <i>Artemisia californica</i>          | California            | Native garden | 5'      |
|             | 13   |                    | Chamise                   | <i>Adenostoma fasciculatum</i>        | California            | Native garden | 10'     |
|             | 14   |                    | Chaparral mallow          | <i>Malacothamnus fasciculatus</i>     | California            | Native garden | 8'      |
|             | 15   |                    | Coast silktassel          | <i>Garrya elliptica</i>               | California            | Native garden | 10'     |
|             | 16   |                    | Coffeeberry               | <i>Frangula californica</i>           | California            | Native garden | 10'     |
|             | 17   |                    | Coyote bush               | <i>Baccharis pilularis</i>            | California            | Native garden | 8'      |
|             | 18   |                    | Golden currant            | <i>Ribes aureum gracillimum</i>       | California            | Native garden | 8'      |
|             | 19   |                    | Holly-leaved cherry/Islay | <i>Prunus ilicifolia</i>              | California            | Native garden | 20'     |
|             | 20   |                    | Pink-flowering currant    | <i>Ribes sanguineum glutinosum</i>    | California            | Native garden | 8'      |
|             | 21   |                    | Purple sage               | <i>Salvia leucophylla</i>             | California            | Native garden | 5'      |
|             | 22   |                    | Salt bush                 | <i>Atriplex lentiformis</i>           | California            | Throughout    | 6'      |
|             | 23   |                    | Toyon                     | <i>Heteromeles arbutifolia</i>        | California            | Native garden | 6'-15'  |
|             | 24   | <b>Small Shrub</b> | Bee's Bliss sage          | <i>Salvia x 'Bee's Bliss'</i>         | California            | Native garden | 2'      |
|             | 25   |                    | Black sage                | <i>Salvia mellifera</i>               | California            | Native garden | 4'      |
|             | 26   |                    | California buckwheat      | <i>Eriogonum fasciculatum</i>         | California            | Native garden | 3'      |
|             | 27   |                    | St Catherine's Lace       | <i>Eriogonum giganteum</i>            | California            | Native garden | 5'      |
|             | 28   |                    | Cleveland sage            | <i>Salvia clevelandii</i>             | California            | Native garden | 3'      |
|             | 29   |                    | Yankee Point ceanothus    | <i>Ceanothus thyrsiflorus griseus</i> | California            | Native garden | 3'      |
|             | 29a  | <b>Perennial</b>   | Alkali heath              | <i>Frankenia salina</i>               | California            | Throughout    | 6"      |
|             | 30   |                    | Alkali mallow             | <i>Malvella leprosa</i>               | California            | Throughout    | 6"      |
|             | 31   |                    | Curly dock                | <i>Rumex crispus</i>                  | Eurasia               | Throughout    | 2'      |
|             | 32   |                    | Douglas iris              | <i>Iris douglasiana</i>               | California            | Native garden | 1'      |
|             | 33   |                    | Great valley gumplant     | <i>Grindelia camporum</i>             | California            | Native garden | 1.5'    |
|             | 34   |                    | Hummingbird sage          | <i>Salvia spathacea</i>               | California            | Native garden | 2'      |
|             | 35   |                    | Narrowleaf cattail        | <i>Typha angustifolia</i>             | Europe                | Lakeshore     | 6'      |
|             | 36   |                    | Narrow-leaved milkweed    | <i>Asclepias fascicularis</i>         | California            | Native garden | 4'      |
|             | 37   |                    | Whitetop/Hoary cress      | <i>Lepidium draba</i>                 | Eurasia               | Throughout    | 18"     |
|             | 38   |                    | Perennial pepperweed      | <i>Lepidium latifolium</i>            | Eurasia               | Throughout    | 2'      |
|             | 39   |                    | Russian knapweed          | <i>Rhaponticum repens</i>             | Eurasia               | Throughout    | 1.5'    |
|             | 40   |                    | Sacred datura             | <i>Datura wrightii</i>                | California            | Native garden | 18"     |
|             | 41   |                    | Salt heliotrope           | <i>Heliotropium curassavicum</i>      | California            | Throughout    | 6"      |
|             | 42   |                    | Salt marsh goldenrod      | <i>Euthamia occidentalis</i>          | California            | Native garden | 4'      |
|             | 42a  |                    | Turkey tangle frogfruit   | <i>Phyla nodiflora</i>                | California            | Native garden | 1"      |
|             | 43   |                    | Wood mint                 | <i>Stachys bullata</i>                | California            | Native garden | 1'      |
|             | 44   |                    | Yarrow                    | <i>Achillea millefolium</i>           | California            | Native garden | 1'      |
|             | 45   |                    | Zauschneria               | <i>Epilobium canum</i>                | California            | Native garden | 2'      |
|             | 46   | <b>Vine</b>        | Chaparral clematis        | <i>Clematis lasiantha</i>             | California            | Native garden | 15'     |
|             | 47   | <b>Bulb</b>        | Soap lily                 | <i>Chlorogalum pomeridianum</i>       | California            | Native garden | 4'      |
|             | 48   | <b>Grass</b>       | Deergrass                 | <i>Muhlenbergia rigens</i>            | California            | Native garden | 5'      |
|             | 49   |                    | Purple needlegrass        | <i>Stipa pulchra</i>                  | California            | Native garden | 1.5'    |
|             | 50   | <b>Rush</b>        | Common rush               | <i>Juncus effusus</i>                 | California            | Native garden | 4'      |

Purple/bold denotes plants locally native to the Bay Area